

PROTECH



Maastricht University

Preparing for long-acting PrEP delivery: Provider preferences for the provision of long-acting PrEP differ between MSM and heterosexual individuals in Europe

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RATIONALE

The approval of long-acting (LA) PrEP in Europe brings opportunities to overcome challenges with oral PrEP, particularly among heterosexual individuals for whom LA-PrEP showed superior efficacy. However, successful implementation of LA-PrEP will require tailoring its delivery to the needs of those who could benefit from it. Current PrEP delivery models are predominantly geared towards men-who-have-sex-with-men (MSM), while data on provider preferences among heterosexual individuals are lacking. Therefore, to support effective LA-PrEP implementation, current PrEP cascades and provider preferences for the provision of LA-PrEP were explored among MSM and heterosexual individuals in Europe.

THE EUROPEAN PROTECT SURVEY

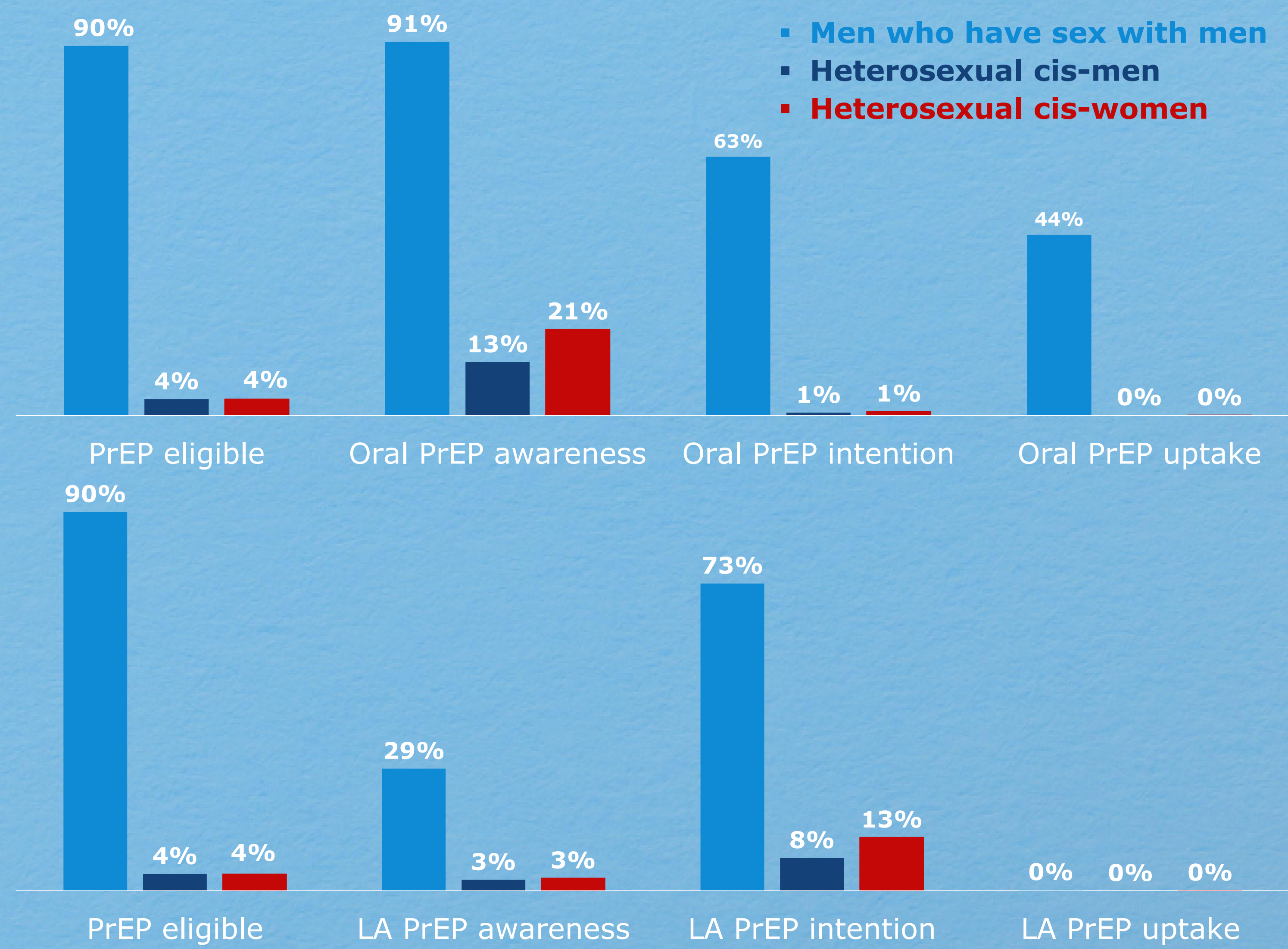
The understanding Pre-exposure prophylaxis modalities for HIV prevention in the European Communities (PROTECT) cross-sectional survey was conducted among MSM, heterosexual cis-men (HM) and cis-women (HW) in 20 European countries between October 2023 and April 2024

This study included:

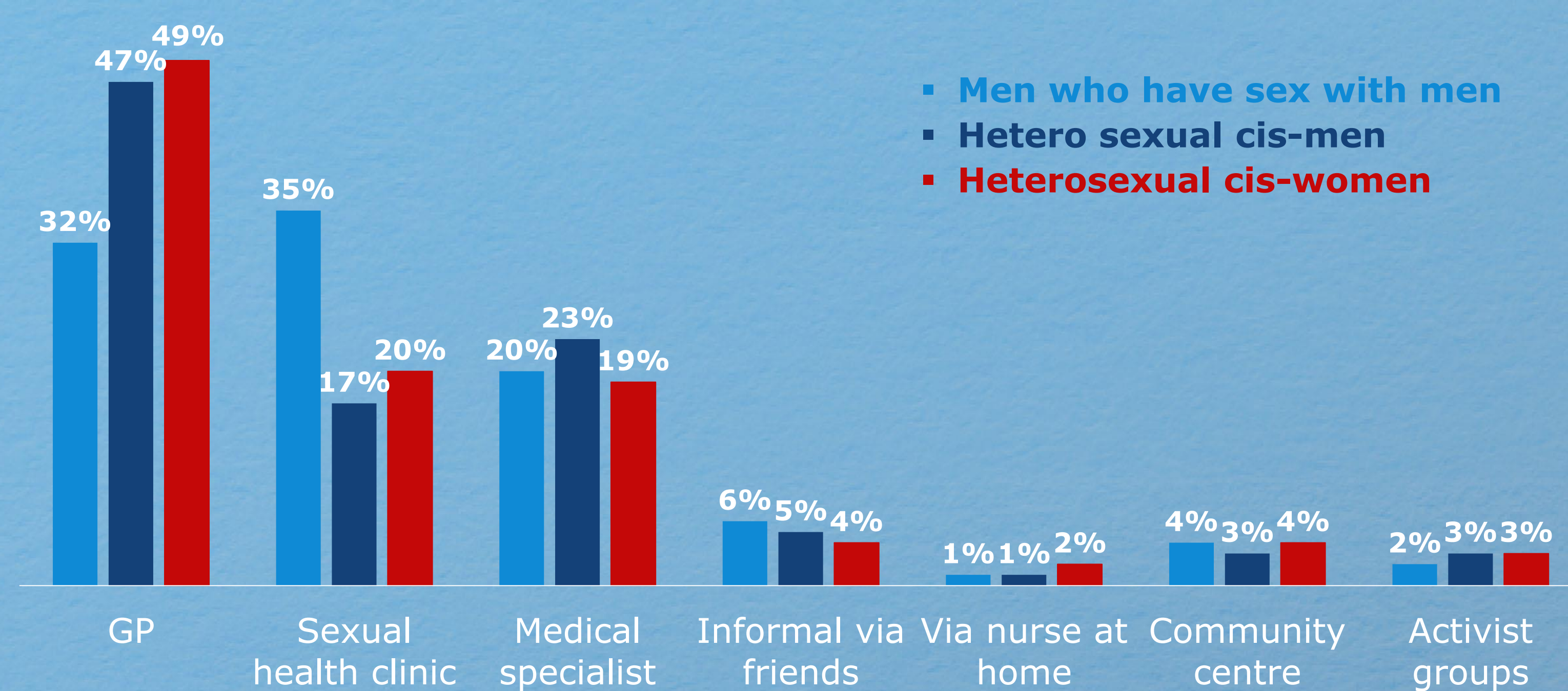
- 19,690** HIV-negative participants
- 14,730 (75%)** Men who have sex with men (MSM)
- 2,547 (13%)** Heterosexual cis-men (HM)
- 2,413 (12%)** Heterosexual cis-women (HW)



PREP CASCADES DIFFER BETWEEN MSM AND HETEROSEXUAL MEN AND WOMEN



PREFERRED PROVIDERS OF LA PREP DIFFER TOO



KEY MESSAGES

- Oral PrEP use, LA-PrEP awareness, and provider preferences differ between MSM and heterosexual groups.
- GPs may play a much more important role for heterosexual groups.
- Simply providing LA-PrEP through the established pathways like sexual health care centers does not alleviate existing access hurdles and may miss access possibilities for heterosexual men and women.

